

## Your lifelong companion

From midwifery to geriatric medicine, the Catholic Clinic of Bochum is there for everyone. Over 1,400 children are born in St. Elisabeth Hospital every year. One of the specific strengths of the clinic for midwifery is the interlinking of the labor and neonatal units. They work right alongside each other. This statement is proved by the perinatal center being classified as providing the most complex level of care (Level 1). 4,200 children and young adults are treated as inpatients and a further 35,000 are treated as outpatients every year in the University Hospital for Pediatric Medicine.





The Center for Geriatric Medicine and Rehabilitation in the Marien Hospital of Wattenscheid cares for elderly patients with multiple morbidities. It offers care for ventilated patients who are critically , inpatient rehabilitation and a day clinic, all under one roof. The medical care on offer provides amazing training opportunities in rehabilitation, including an aquatic therapy pool.

## From high-tech to naturopathy

Our patients can place their trust in the latest medical technology and techniques. From the Heart Catheter Lab to the Stroke Unit and from the specialist MRI, high-speed laser and endosonography imaging unit to 3D X-rays, sophisticated medicine is applied here. With numerous investments in this area, we ensure that the level of care in our clinics is as high as possible. Leading doctors from our clinics are often awarded the top spots in interregional ranking lists and on evaluation portals. Our complementary medicinal procedures are also second to none: In the Clinic for Naturopathy in Hattingen-Blankenstein, 1,200 patients, predominantly those who are chronically ill or have long-term conditions, are treated as inpatients using traditional naturopathy procedures. This has been met with success. According to systematic questionnaires, therapy results have been maintained for 80% of patients. The naturopathy clinic is closely linked with other specialties that treat patients with chronic illnesses and pain at the Blankenstein Specialist Clinic. These number pain therapy, orthopedic pain therapy, rheumatology and diabetology.



### Locations and Institutions

St. Josef's Hospital – A Hospital of the **Ruhr University of Bochum** Gudrunstraße 56 44791 Bochum

Pediatric Clinic – St. Josef's Hospital Clinic for Medicine for Children and Young People of the Ruhr University of Bochum Alexandrinenstraße 5 44791 Bochum

St. Elisabeth's Hospital – A Hospital of the Ruhr University of Bochum Bleichstraße 15 44787 Bochum

St. Maria-Hilf-Krankenhaus (St. Maria Almshouse Hospital) Hiltroper Landwehr 11–13 44805 Bochum

The Blankenstein Clinic Im Vogelsang 5-11 45527 Hattingen

The Marien-Hospital of Wattenscheid Parkstraße 15 44866 Bochum-Wattenscheid

The Martin-Luther-Hospital Voedestraße 79 44866 Bochum-Wattenscheid Seniorenstift Maria-Hilf (The Maria Almshouse Senior Foundation) Hiltroper Landwehr 45 44805 Bochum

Bruchspitze 1 44803 Bochum

Outpatient services Hiltroper Landwehr 11-13 44805 Bochum

RuhrSportReha (Head Ouarters) Gudrunstraße 56 44791 Bochum

BIGEST – the St Elisabeth Foundation's Training Institute for Careers in Healthcare Bleichstraße 15 44787 Bochum

Public Health Subsidized ER Unit (located at St. Josef's Hospital)

ER Unit for Children and Young People (located at the Pediatric Clinic)

ENT Emergency Unit (located at St. Elisabeth's Hospital)

For further details and contact information, visit www.klinikum-bochum.de or call +49 (0) 234 / 509-0

St. Anna-Stift (The St. Anna Foundation)

- Opthalmology
- Gastroenterology
- Cardiology
- the Pediatric Clinic)
- Psychiatric Unit for Children and Young People (located at the Pediatric (linic)
- Radiology

And other practices for:

- Operative plastic surgery and cosmetic dermatology
- Surgery and ER surgery (located at St. Elisabeth's Hospital)
- Hyperthermia
- Orthopedics
- Rheumatology
- Maxillofacial medicine

JosefCarrée Gudrunstraße 56 44791 Bochum

With the Specialist Practices (Medical Care Centers) for:

- Pediatric Endocrinology (located at
- Antenatal care
- Radiotherapy
- Human Genetics

- Urology





### **Responsibility for Bochum and the region**

The Catholic Clinic of Bochum (Katholisches Klinikum Bochum) is a trusted partner that provides you with comprehensive health care. Anchored in the heart of the Ruhr area, our clinic offers you a range of treatments that covers almost all medical specialisms. Over 240,000 patients, of which approximately 60,000 are inpatients, trust in our expertise every year.

With around 1,600 beds, our clinic group is one of the largest health care providers in the Ruhr region. The area that we serve with our disciplines, some of which are very highly specialized, extends far beyond the region and even North Rhine-Westphalia itself. Our clinic group, which includes St. Josef's Hospital the Ear, Nose and Throat Clinic and the Neonatal Unit in St. Elisabeth's Hospital, is part of the University Hospitals of the Ruhr University of Bochum.

Our six establishments represent the highest quality, which is constantly subjected to checks. Health care is a matter of trust, and we gain trust via both our qualified expertise and our humanity. Top medicine with care from the heart is our motto, and ensuring your health is our ultimate goal.



Allelin any

Nilhelm Beermann Chairman of the Chief Physicia upervisory Board

**Commercial Director** Commercial Director

)r. oec. publ. Christian Raible



# One of the biggest employers

The Catholic Clinic of Bochum employs around 5,200 employees heralding from 70 countries. Alongside nurses and doctors, this figure comprises a variety of other careers such as lab technicians, physiotherapists, midwives, chefs, maintenance staff, IT specialists and many more. This makes us one of the biggest employers in Bochum and indeed in the central Ruhr area. In addition, we train young doctors from the Ruhr University of Bochum and also train around 400 young people in non-medical professions annually. The bulk of this training is executed under the aegis of the St. Elisabeth Foundation's Training Institute for Careers in Health Care (BIGEST – Bildungsinstitut für Berufe im Gesundheitswesen der St. Elisabeth-Stiftung). Our jobs are sought after; we're the biggest training provider in Bochum. Each year, over 1,000 young people apply for training schemes at our company. As a result, the Katholische Klinikum (Catholic Clinic) of Bochum is a partner of Bochum's educational institutes in many areas.



### Person-centered in all we do

Work in our establishments, under a Christian ethos, is oriented around religious values that also form our guiding light. One of our most important responsibilities is to care for the mental wellbeing of those that place their trust in our institution and to support them. As we see it, medicine that we can trust also needs to keep a careful eye on the patient's psyche.

Before patients leave the hospital, our social services and discharge management team offers them support in their continued care. They help patients in applying for various health care benefits and in organizing aid. In Family Care courses, relatives and friends who are caregivers can receive basic training on home care for free.

Our Social Ethics Forum regularly hosts skilled external speakers in order to address current social and medical issues. These include handling dementia, palliative medicine, living wills and patient provisions and medical power of attorney.





## Research and innovation

Our many departments come together to make up the University Hospitals of the Ruhr University of Bochum (RUB) and offer the highest quality medical care. Bochum is an important source of inspiration and stimuli for medicine: Our doctors are involved in numerous scientific studies, develop new treatment methods and diagnostic procedures, test new therapies and trials and expand the range of techniques used. Many of our clinical directors are full professors at the medical faculty of the Ruhr University of Bochum and are also making huge strides in driving research forward in these

Doctors-in-training learn from the high-profile leading doctors working at our clinic group from day one of their clinical training here. Students and research teams also benefit from our modern lecture theater center (Hörsaalzentrum) and the Institute for Research and Teaching (IFL - Institut für Forschung und Lehre) opened in 2019. Both institutes are pivotal interdisciplinary meeting points and linchpins for the numerous activities of the RUB medical faculty.

UNIVERSITÄTSKLINIKUM DER RUHR-UNIVERSITÄT BOCHUM

"We believe that science and humanity belong together in medicine. Maintaining human dignity is the guiding principle in all we do."

### From the mission statement of the Catholic Clinic of Bochum

